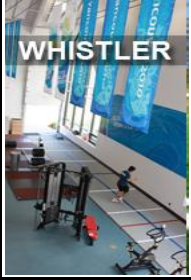




# NCI-BC ADVANCED COACHING DIPLOMA

## Odd Year Enrollment (2011) | Tri-Campus Delivery

						
					<b>DISTANCE</b>	<b>MODULES</b>
YEAR 1 Semester 1	Sep	<b>Weekend 1</b>			<b>Wednesday Evenings</b>	<ul style="list-style-type: none"> <li>CL – Effective Leadership Behavior</li> <li>CL – Creating your Coaching Philosophy</li> <li>TC – Health and Safety</li> <li>PP – Profiling Sport Performance</li> <li>CE – Analyzing Coaching and Athlete Performance</li> </ul>
	Oct		<b>Weekend 2</b>			
	Nov			<b>Weekend 3</b>		
Dec – Mar		<b>COACHING</b>				
YEAR 1 Semester 2	Apr			<b>Weekend 1</b>	<b>Wednesday Evenings</b>	<ul style="list-style-type: none"> <li>CL – Living Your Coaching Philosophy</li> <li>CL – Leading Change</li> <li>TC – Talent Identification and Selection</li> <li>PP – Developing Integrated Training Plans</li> <li>CE – Skill Development and Biomechanics</li> </ul>
	May	<b>Weekend 2</b>				
	Jun		<b>Weekend 3: Mid-Point Reviews</b>			
July – Aug		<b>COACHING</b>				
YEAR 2 Semester 1	Sep	<b>Weekend 1</b>			<b>Wednesday Evenings</b>	<ul style="list-style-type: none"> <li>CL – Building Effective Teams</li> <li>TC – Preparing for Competition</li> <li>PP – Detailing the Training Plan</li> <li>CE – Monitoring Athletes in Training and Competition</li> <li>CE – Innovating Practices and Coaching Interventions</li> </ul>
	Oct		<b>Weekend 2</b>			
	Nov			<b>Weekend 3</b>		
Dec – Mar		<b>COACHING</b>				
YEAR 2 Semester 2	Apr	<b>Weekend 1</b>			<b>Wednesday Evenings</b>	<ul style="list-style-type: none"> <li>CL – Leading a Program</li> <li>TC – Strategic Planning for Training and Competition</li> <li>PP – Managing the Training Plan</li> <li>CE – Monitoring Athletes in Training and Competition</li> <li>CE – Innovating Practices and Coaching Interventions</li> </ul>
	May			<b>Weekend 2</b>		
	Jun		<b>Weekend 3: Final Presentation and Banquet</b>			

Scroll down for a detailed schedule

*Please note that modules and units may change depending on presenter availability*

# NATIONAL COACHING INSTITUTE ADVANCED COACHING DIPLOMA YEAR 1 | 2011-2012 Schedule

Date	Location	Weekday	Module	Unit (old NCCP Level 4 task*)		
SEPTEMBER	Weekend 1		Orientation Year 1		DIPLOMA THEMES:	
	9	Whistler	Effective Leadership Behaviour	LEM2U01 Assessing Leadership Effectiveness (17)		
	10		Friday - Sunday	Health and Safety		TCM1U02 Sport Risk & Emergency Protocol (6)
	10		Effective Leadership Behaviour	LEM2U02 Enhancing Leadership Effectiveness (17)		
	11		Health and Safety	TCM1U03 Injury Prevention (6)		
	14	Distance	Wednesday Evenings	Profiling Sport Performance		PPM1U01 Profiling Sport Using LTAD (12, 16)
	21			Analyzing Coaching & Athlete Performance		EFM1U01 Expertise in Sport (9, 11,13)
	28			Profiling Sport Performance		PPM1U02 Understanding Sport Physiology (1, 2)
	5			Effective Leadership Behaviour		LEM2U03 Self & Stress Management (7)
	12			Profiling Sport Performance		PPM1U03 Assessing Physiological Factors in Sport (1)
14	Weekend 2			Profiling Sport Performance	PPM1U07 Testing & Monitoring Physical Abilities (1, 2, 5)	
OCTOBER	14	Victoria	Friday - Sunday	Analyzing Coaching & Athlete Performance	EFM1U02 Performance Technology & Analysis (9, 11, 13)	
	15			Profiling Sport Performance	PPM1U06 Optimizing Physical Abilities, Performance (2)	
	15			Analyzing Coaching & Athlete Performance	EFM1U04 Video Analysis Systems (9, 11, 13)	
	16			Analyzing Coaching & Athlete Performance	EFM1U03 Learning and Intervention (7)	
	19	Distance	Wednesday Evenings	Profiling Sport Performance	PPM1U04 Assessing Nutrition for Sport Performance (4)	
	26			Health and Safety	TCM1U01 Risk Management (6)	
	2			Profiling Sport Performance	PPM1U05 Assessing Mental Demands in Sport (8)	
	9			Creating Your Coaching Philosophy	LEM1U02 Creating Mission & Philosophy (17)	
	16			Health and Safety	TCM1U04 Doping Testing & Dilemmas WADA, CCES	
	23			Performance Planning	PPM1000 Sharing Practices	
NOVEMBER	Weekend 3		Creating Your Coaching Philosophy	LEM1U01 Coaching Values (17)	Coaching Effectiveness	
	25	Vancouver	Friday - Sunday	LEM1U03 Developing a Philosophy (17)		
	26			Profiling Sport Performance		PPM1U09 Identify Mental Factors Impacting Perform (8)
	26			Effective Leadership Behaviour		LEM2U04 Personal Improvement Planning (17)
	27			Developing Integrated Training Plans		PPM1U08 Sharing Nutritional Considerations (4)
<b>December to March – Coaching</b>						
APRIL	Weekend 1		Leading Change	LEM4U01 Strategic Decision Making (17)	Train & Comp Readiness	
	13	Whistler	Friday - Sunday	Skill Development & Biomechanics		EFM2U01 Biomechanics Theory to Practice (10)
	14			Leading Change		LEM4U02 Implementing & Evaluating Change (17)
	14			Skill Development & Biomechanics		EFM2U02 Analyzing Movement and Force (10)
	15			Skill Development & Biomechanics		EFM2U03 Performance Analysis for Skill Developmt (10)
MAY	Distance	Wednesday Evenings	Developing Integrated Training Plans	PPM2U01 Sharing & Debriefing Sport Audit		
			18	PPM2U02 Planning Conditioning Programs (2)		
			25	Talent Identification & Selection	TCM2U02 Developing Comm & Selection Criteria (9, 11)	
			2	Developing Integrated Training Plans	PPM2U03 Planning for Prehabilitation (6)	
	9	PPM2U04 Creating the Yearly Plan (12, 16)				
MAY	Weekend 2		Talent Identification & Selection	TCM2U01 Identifying Policies & Practices (9, 11)	Coaching Leadership	
	Vancouver	Friday - Sunday	Developing Integrated Training Plans	PPM2U05 Applying Conditioning Activities (1, 2, 5)		
			11	Talent Identification & Selection		TCM2U03 Apply Testing Procedures for Selection (9, 11)
			12	Developing Integrated Training Plans		PPM2U06 Developing Conditioning Plans (1, 2, 5)
			13	Developing Integrated Training Plans		PPM2U07 Planning Meso and Microcycles (12, 16)
	16	Distance	Wednesday Evenings	Living your Coaching Philosophy		LEM3U02 Codes of Conduct (17)
	23			Leading Change		LEM4U03 Managing Resistance to Changes (17)
30	Skill Development & Biomechanics			EFM2U04 Correcting Performance (10)		
JUNE	Distance	Wednesday Evenings	Living your Coaching Philosophy	LEM3U03 Values Based Conflict (17)		
			6	Skill Development & Biomechanics	EFM2U05 Demonstrating Analysis & Correction (10)	
			13	Living your Coaching Philosophy	LEM3U01 Values Based Decision Making (17)	
			20	Living your Coaching Philosophy	LEM3U01 Values Based Decision Making (17)	
	22	Weekend 3		Mid-Point Reviews		
23	Victoria	Friday - Sunday				
24						

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# NATIONAL COACHING INSTITUTE ADVANCED COACHING DIPLOMA

## YEAR 2 | 2012-2013 Schedule

Date	Location	Weekday	Module	Unit (old Level 4 task*)	
SEPTEMBER	Weekend 1		Orientation Year 2		DIPLOMA THEMES:
	8	Whistler	Monitoring Athletes, Training & Competition	EFM4U01 Using Tagging Games/ Competition (9, 11, 13)	
	9		Building Effective Teams	LEM5U01 Building Effective Team Culture (17)	
	9		LEM5U02 Planning Team Building Activities (17)		
	10		Monitoring Athletes, Training & Competition	EFM4U03 Using Technology in Training (9, 11, 13)	
	12	Distance	Innovating Practices & Coach Interventions	EFM3U01 Perception and Cognition (9, 11, 13)	
	19		Preparing for Competition	TCM3U01 Enhancing Mental Comp Readiness (8)	
	26		TCM3U02 Environmental Factors (5)		
	3		Innovating Practices & Coach Interventions	EFM3U03 Planning Practices & Interventions (9, 11, 13)	
	10		Preparing for Competition	TCM3U03 Healthy Eating for Competition (4)	
12	Weekend 2		Detailing the Training Plan		Performance Planning
12	Victoria	Building Effective Teams	LEM5U03 Collaborative Decision Making (17)		
13		Detailing the Training Plan	PPM3U03 Detailing the Recovery Plan (6)		
13		Building Effective Teams	LEM5U04 Problem Solving in Groups (17)		
14		LEM5U05 Team Dysfunction (17)			
17	Distance	Monitoring Athletes, Training & Competition	EFM4U02 Statistical Analysis of Performance (9, 11,13)		
24		Detailing the Training Plan	PPM3U02 Debrief Physiological Impacts on Plan (1)		
30		Innovating Practices & Coach Interventions	EFM3U02 Develop Decision Making Practices (9, 11, 13)		
7		Detailing the Training Plan	PPM3U04 Creating the Taper Plan (12, 16)		
14		Coaching Leadership	LEM4000 Sharing Practices		
21		Training & Comp Readiness	TCM4000 Sharing Practices		
28	Performance Planning	PPM4000 Sharing Practices	Coaching Effectiveness		
30	Weekend 3			Preparing for Competition	
30	Vancouver	Detailing the Training Plan		PPM3U05 Debriefing the Planning Process (12, 16)	
1		Preparing for Competition		TCM3U06 Best Nutritional Practice for Competition (4)	
1	Vancouver	Friday - Sunday	TCM3U07 Effectively Debriefing Performance (8)		
2			TCM3U05 Environmental Impacts on Performance (5)		
<b>December to March – Coaching</b>					
APRIL	Weekend 1		Strategic Planning for Training & Comp		Train & Comp
	12	Vancouver	TCM4U01 Strategic Planning for Major Events (18)		
	12		TCM4U02 Create Event Plan Thru Collaboration (18/19)		
	13		Leading a Program	LEM6U01 Determining Roles & Responsibilities (19)	
	13		Leading a Program	LEM6U02 Managing Staff Performance (18)	
	14	Strategic Planning for Training & Comp	TCM4U03 Developing & Managing a Budget (18/19)		
17	Distance	Wednesday Evenings	Leading a Program	LEM6U03 Performance Review (18/19)	
24			Innovating Practices & Coach Interventions	EFM4U05 Integrating Others into the Practice (7)	
1			Strategic Planning for Training & Comp	TCM4U04 Building and Using a Support Team (18/19)	
8			Leading a Program	LEM6U05 Developing Power & Influence (18/19)	
10	Weekend 2		Leading a Program		Coaching Leadership
10	Whistler	Friday - Sunday	Innovating Practices & Coach Interventions	EFM4U06 Integrate Innovation into Practice (9, 11, 13)	
11			Leading a Program	LEM6U06 Advocating for Change (19)	
11			Innovating Practices & Coach Interventions	EFM4U04 Using Technology Effectively (9, 11, 13)	
12			Monitoring Athletes, Training & Competition	EFM3U05 Present Info to Athletes & Coaches (9, 11, 13)	
15	Distance	Wednesday Evenings	Monitoring Athletes, Training & Competition	EFM3U04 Interpret & Measuring Performance (9, 11, 13)	
22			Strategic Planning for Training & Comp	TCM4U05 Working With a Support Team (18)	
29			Managing the Training Plan	PPM4U01 Working with Mentor (12,16)	
5					
12	Weekend 3	Victoria	Friday - Sunday	Final Presentations and Banquet	
21					
22					
23					

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