



# CANADIAN SPORT SCHOOL

A NEW PARADIGM FOR EDUCATION AND SPORT

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BC Sport Agency



**Pacific  
SPORT**



## THE CANADIAN SPORT SCHOOL

The Canadian Sport School is an important initiative of Canadian Sport Centre Pacific (CSC Pacific). Delivered in partnership with PacificSport, and with campuses located in Kelowna and Victoria, the program supports secondary school aged student athletes to balance their educational and training demands in an enriched sport environment while maximizing the credits contributing to the student's graduation program.

The key challenge facing student athletes is managing the training requirements of their sport alongside their academic goals. CSC Pacific and PacificSport have partnered with school districts and community partners in Greater Victoria and the Okanagan to create an environment to help athletes balance these pressures, and ultimately excel in their educational and athletic goals.

### PROGRAM STRUCTURE

The rigours of training and competition often leave students isolated and marginalized from their peer groups at school. In an effort to maintain these connections, the Canadian Sport School incorporates a flexible schedule where students attend their neighbourhood school to take academic classes covering core graduation requirements. The students also spend time each day at the Sport School where they take sport and human performance related electives, participate in the IGNITE Athlete Development Program and have time with a certified teacher to provide academic support.



A key component of the Canadian Sport School is the provision of personalized learning plans for each student, built around their sport and educational requirements. This model allows student athletes the flexibility to rest, recover, train, study, or compete. The model also allows students to stay connected with their peers and friends from neighbourhood schools so they can enjoy the social interaction and school activities all teenagers need.

### ELIGIBILITY

The Canadian Sport School is open to eligible high performance athletes who have met their provincial sport organization's targeted athlete eligibility criteria and have been endorsed by their provincial sport organization.

## CURRICULUM

Students enrolled in the Canadian Sport School will receive all of the credits necessary to fulfil the academic requirements of the BC Graduation Program as well as any post-secondary prerequisites required to meet the student's academic goals. In addition to courses offered through the student's home school, the Canadian Sport School offers "for credit" courses including supported on-line courses delivered by Ministry of Education approved distributed learning organizations; Sport Studies and Sport Performance elective courses; and individualized multi-sport training courses delivered by high performance sport experts. The Canadian Sport School provides academic credit for training and competition activities that students are already doing for their sport, reducing the athlete's workload and providing more time for training, competition and recovery.

Grade 12 students may also take dual-credit courses through Camosun College's Centre for Sport and Exercise Education (Victoria campus) or UBC Okanagan's School of Health and Exercise Science (Kelowna campus). Offered at no cost these courses provide students with high school graduation credits and first-year college or university course credits.

### BENEFITS TO THE ATHLETE

- Personalized learning and academic support to build your timetable around your training and competition requirements.
- On-site certified BC teachers delivering courses, helping students catch up with homework, and liaising with your home school.
- Personalized graduation planning helping you gain graduation credits for your sport and training activities.
- Multi-sport training sessions specifically developed for athletes between the ages of 14-17, designed to enhance motor skills, fitness and resilience.
- Articulated, dual credit courses for Grade 12 students providing both BC High School and first-year credits from either Camosun College or UBC Okanagan.

### FACILITIES

The Canadian Sport School offers student athletes the opportunity to interact and learn in a world class sport facility with their peers. Students have access to an enriched training environment with onsite training support, and access to world class sport science and recovery facilities.

**SPACE IS LIMITED, SO APPLY NOW!**

