

## Partners in Powering Sport Performance

Canadian Sport Centre Pacific would like to acknowledge and thank the community and corporate partners for their support. Through their generous contributions, Canadian Sport Centre Pacific continues to provide programs and services that address the changing needs of Canada's high performance athletes. For a complete list of partners, please visit [www.cscpacific.ca](http://www.cscpacific.ca).

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Provincial Network Partner



Funding Partners



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### Victoria Campus

Pacific Institute for Sport Excellence  
4371 Interurban Road  
Victoria, BC V9E 2C5  
Tel: 250.220.2500  
Fax: 250.220.2503

### Metro Vancouver Campus

Sport Campus BC  
280-3820 Cessna Drive  
Richmond, BC V7B 0A2  
Tel: 604.333.3500  
Fax: 604.333.3501

### Whistler Campus

Performance Centre @ Whistler  
Mountain Ski Club  
2028 Rob Boyd Way  
Whistler Creekside  
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Patrick Farrell, Snowboardcross,  
2010 Hopeful

[www.cscpacific.ca](http://www.cscpacific.ca)

Canadian Sport Centre Pacific

# Year in Review 2008-2009



## MESSAGE FROM THE CHAIR AND PRESIDENT

Canadian Sport Centre Pacific (CSC Pacific) remains steadfast in our mission to help athletes living and training in BC win medals for Canada. Along with the national network of Canadian Sport Centres, the provincial network of PacificSport Centres and our sport partners, we provide a performance pathway aligned with the Canadian Sport for Life framework for athletes and coaches as they make their way from the BC Games right through to the Olympic and Paralympic podium.

This pathway, referred to as the Integrated Performance System (IPS), is lead by CSC Pacific in collaboration with provincial multi-sport agencies and funded by 2010 Legacies Now. The IPS has been thoroughly tested and proven successful with more BC athletes than ever before being named to national teams. It is with great enthusiasm that we look to the future and the opportunity to build on BC's increased performance capacity that has been established through the harmonization of sport specific and multisport expertise.

Our commitment to providing athletes with every advantage to win medals is clear when looking at specifics from the recent Olympic Games in Beijing. British Columbia\* accounted for over 40% of our National Team and produced nearly 40% of Canada's Olympic medal haul. This is an unprecedented feat considering BC accounts for only 13% of the national population; however, the results are no surprise. Fourteen CSC Pacific staff members travelled to the Olympic and Paralympic Games in support of the Canadian team, and fifteen Performance Services staff worked closely with over ten sports in preparation for the Games.

BC is building an environment of excellence with the development of fully integrated high performance facilities such as the Pacific Institute for Sport Excellence in Victoria, the Richmond Olympic Oval and the Whistler Athlete Centre, ensuring BC's sport facilities rivals that of any nation in the world. These facilities are based on a



Vincent Marquis,  
CSC Pacific serviced athlete  
Men's Freestyle Moguls  
2010 Hopeful  
PHOTO: Mike Ridewood

unique paradigm incorporating community health and fitness programming alongside high performance athlete training. The integration of physical training with testing labs, rehabilitation infrastructure, experts in sport science, medicine and life services guarantees Canada's athletes and coaches will be fully supported on their path to the podium.

Canada is poised to be the top medal producing nation right here in our backyard during the 2010 Games thanks to unprecedented financial investment made by Own the Podium, 2010 Legacies Now, the Province of BC and the Federal Government. While medals matter, the true legacy of these Games will be the inspiration – the impact that watching an event or meeting an athlete will have on the "Children of 2010". It is now our job to deliver on the promise of the Games – to ensure the sport system in BC is armed with a plan supported by expertise and infrastructure that will breed excellence for generations to come.

Yours in sport,

GEORGE MORFITT  
CHAIR, CSC PACIFIC

WENDY PATTENDEN  
PRESIDENT, CSC PACIFIC

\* Includes athletes living/training in BC and those with a BC hometown

## Congratulations

to all the athletes who competed for Canada this past year and the coaches and staff who supported them. The highlights at right are podium performances achieved at the 2008 Olympic and Paralympic Games and 2008-2009 World Championships by athletes who live and/or train in BC.

Space limits the listing of all international results. However, details can be found at [www.cscpacific.ca](http://www.cscpacific.ca).



Lauren Barwick, 2008 Paralympic Medallist (Silver & Bronze)  
PHOTO: B. Chinn

Above: Simon Whitfield, Three-time Olympian, Two-time Olympic Medallist  
PHOTO: Delly Carr, International Triathlon Union

### 2008 Olympic & Paralympic Games

#### Aquatics

Ryan Cochrane	1,500m Freestyle	Bronze
Stephanie Dixon		
S9	100m Backstroke	Gold (WR)
SM9	200m Indiv. Med.	Silver
S9	400m Freestyle	Silver
S9	100m Freestyle	Bronze
Donovan Tildesley		
S11	400m Freestyle	Bronze

#### Athletics

Michelle Stilwell	100m, (T52)	Gold (PR)
	200m, (T52)	Gold (WR)

#### Equestrian

Lauren Barwick	Indiv. Freestyle Test	Gold
Grade II	Individual	
	Championship Test	Silver

#### Rowing

David Calder,	Men's Pair	Silver
Scott Frandsen		
Melanie Kok,	Lightweight	Bronze
Tracy Cameron	Double Skulls	
Jon Beare, Iain Brambell, Mike Lewis, Liam Parson	Lightweight	Bronze
	Men's Four	

Andrew Byrnes, Kyle Hamilton, Malcolm Howard, Adam Kreek, Kevin Light, Brian Price, Ben Rutledge, Dominic Seiterle, Jake Wetzel	Men's Eight +	Gold
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#### Sailing

Stacie Louttit,	Skud 18	Bronze
John McRoberts		

#### Triathlon

Simon Whitfield	Men's	Silver
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#### Wheelchair Basketball

Patrick Anderson, Jaimie Borisoff, Robert Hedges, Richard Peter	Men's	Silver
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#### Wheelchair Rugby

Ian Chan, Garrett Hickling, Trevor Hirschfield, Say Luangkhamdeng	Team	Bronze
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#### Wrestling — Freestyle

Carol Huynh	Women's 49kg	Gold
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Canadian Sport Centre Pacific is a registered British Columbia not-for-profit society operating in partnership with the national network of Canadian Sport Centres and BC network of PacificSport Centres to deliver on the sport excellence policies of the federal and provincial governments.

Each of the seven Canadian Sport Centres and five PacificSport Centres are independent entities with separate governance models, and together, make up national and regional high performance sport networks delivering services throughout Canada and British Columbia.

### 2008-09 Sr. World Championships

#### Cycling — Road

Svein Tuft	Men's Time Trial	Silver
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#### Rowing

Gabe Bergen, James Dunaway, Mark Laidlaw	Men's Coxed Pair	Gold
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#### Freestyle Ski

Davey Barr	Ski Cross	Bronze
Justin Dorey	Half Pipe	Bronze
Vincent Marquis	Moguls	Bronze
Steve Omischl	Aerials	Silver

#### Alpine Ski

Michael Janyk	Slalom	Bronze
Lauren Woolstencroft	Super-G	Gold
Standing Skier	Slalom	Gold
	Giant Slalom	Gold
	Downhill	Gold
Josh Dueck	Downhill	Gold

#### Sitting Skier

#### Speed Skating

Denny Morrison	1,000m	Silver
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#### Sledge Hockey

James Gemmell	Team	Gold
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#### Wheelchair Curling

Ina Forrest, Sonja Gaudet, Darryl Neighbor	Team	Gold
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### 2008-09 Jr. World Championships

#### Aquatics — Diving

Rachel Kemp	Jr. Women's Platform	Bronze
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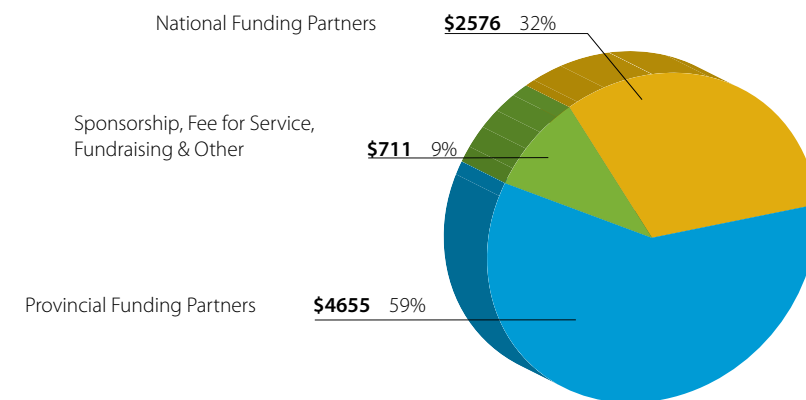
#### Rowing

Robert Gibson,	Junior Men's Eight+	Silver
Chris Aylard		

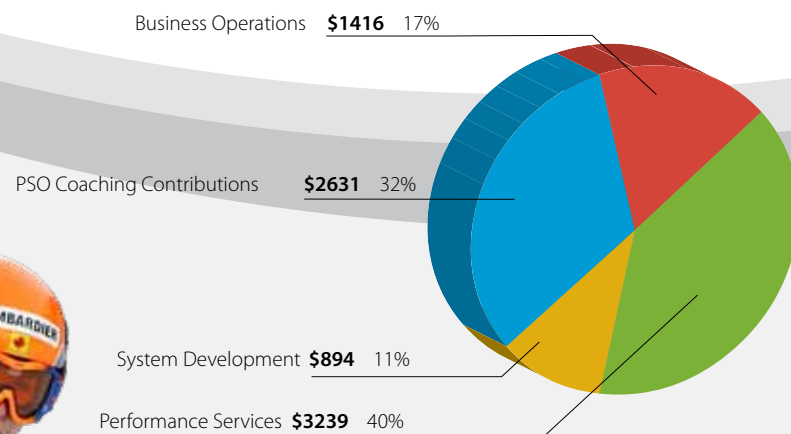
As presented in the analysis, a total of \$6.8 Million (2008 – \$7.8 Million) of CSC Pacific's operating expenditures relate directly to the delivery of services and funding to sports, athletes and coaches. Through the Coach Performance Pathway and Game Plan BC programs, a total of \$2.6 Million in funding was provided to provincial sport organizations to support provincial and regional coaching positions. Over \$3.2 Million was spent directly on the development and delivery of high performance services to national level and provincial sports and athletes. A further \$800,000 was spent on the sport system in BC including programs such as the Canadian Sport for Life project; the development of generic and sport specific long term athlete development models in partnership with Canada's National Sport Organizations. Overall, 17% (2008 – 18%) of CSC Pacific's expenditures relate to operational support costs, these costs are targeted to be reduced to 15% in 2009-2010.

For the fiscal year ending March 31, 2009 there is an overall deficit of \$239,610 before amortization (2008 – surplus \$35,299), with a deficit of \$420,714 after amortization (2008 - \$179,886). The Society is in a strong net asset position of \$1.7 Million - (2008 - \$1.9 Million), of which the Society's Board of Directors has internally restricted \$500,000 as a reserve to ensure uninterrupted operations.

### Revenues (\$000) Total: \$7942



### Expenditures (\$000) Total: \$8180 (Expenditures before amortization)



### Notes

#### Value in Kind

Value in kind items have not been included in this analysis. It is estimated that through CSC Pacific's partnerships it is able to provide in excess of \$2 Million of services for registered athletes and coaches and cost reductions for its operations (i.e. corporate support for sporting events, athlete access to over 150 gyms across BC through the GymWorks™ program, discounts for athletes at restaurants and grocery stores through the FoodStuff™ program, direct athlete funding, and subsidized rental for CSC Pacific offices and other facilities.)

#### System Development

Integrated Performance System (IPS) delivery, provision of technical leadership, Canadian Sport for Life project and PacificSport Centre network funding

#### Provincial Sport Organization (PSO) Coaching Contributions

Funding for over 30 provincial coaches and 100 regional coaches with matching funding provided by local and provincial sport organizations

#### Performance Services

Sport Science and Medical Services, CSC Pacific Performance Labs, Sport Innovation and Technology, Performance Planning, Athlete and Coach Services and the National Sport Organization Integrated Sport Teams

#### Business Operations

Finance and administration, human resources, information technology, marketing and communications, facilities and other operating costs and developing innovative programs with partners to advance the opportunities for BC's athletes and coaches



Lauren Woolstencroft, Para-Alpine 2009 Four-time World Champion 2010 Hopeful  
PHOTO: Abtenau, PENTA PHOTO